

## TYPES OF SHAME

### SHAME BY ACTION

#### *You did something shameful*

There are many people in the Bible, famous for their victories that did something shameful. Let's look at a few examples.

- **Abraham**

He went into the tent of a servant girl and had sex with her by the permission of his wife so they could have children. This was the beginning of the problem we have today in the Middle East.

Scripture reference: Gen16:1-6 ESV

Look at the same Bible tells us about Abraham

**Rom 4:16** That is why it depends on faith, in order that the promise may rest on grace and be guaranteed to all his offspring--not only to the adherent of the law but also to the one who **shares the faith of Abraham, who is the father of us all,**

**Rom 4:17** as it is written, "I have made you the father of many nations"--in the presence of the God in whom he believed, who gives life to the dead and calls into existence the things that do not exist.

**Rom 4:18** In hope he believed against hope, that he should become the father of many nations, as he had been told, "So shall your offspring be."

**Rom 4:19** He did not weaken in faith when he considered his own body, which was as good as dead (since he was about a hundred years old), or when he considered the barrenness of Sarah's womb.

**Rom 4:20** No distrust made him waver concerning the promise of God, but he grew strong in his faith as he gave glory to God,

**Rom 4:21** fully convinced that God was able to do what he had promised.

**Rom 4:22** **That is why his faith was "counted to him as righteousness."**

- **Moses**

Moses saw an Egyptian mistreating a Hebrew slave and he killed the Egyptian.

After this, God gave Moses the message of the Ten Commandments. Guess what one of the Ten Commandments says?

That means God use a murderer to bring the message thou shall not kill.

Scripture references: Exodus 2:1-15, Exodus 34:1-29

- **David**

**Commits adultery and has the women's husband killed on the battle field after finding out she is pregnant.**

**Scripture reference** 2 Sam. 11:2-27

Today, theologians call David a man after God's own heart. Read his prayer of repentance.

Ps 51:1-10 NKJV

Have mercy upon me, O God,

According to Your lovingkindness;

According to the multitude of Your tender mercies,

Blot out my transgressions.

2 Wash me thoroughly from my iniquity,

And cleanse me from my sin.

3 For I acknowledge my transgressions,

And my sin is always before me.

4 Against You, You only, have I sinned,

And done this evil in Your sight —

That You may be found just when You speak,

And blameless when You judge.

5 Behold, I was brought forth in iniquity,

And in sin my mother conceived me.

6 Behold, You desire truth in the inward parts,

And in the hidden part You will make me to know wisdom.

7 Purge me with hyssop, and I shall be clean;

Wash me, and I shall be whiter than snow.

8 Make me hear joy and gladness,

That the bones You have broken may rejoice.

9 Hide Your face from my sins,

And blot out all my iniquities.

10 Create in me a clean heart, O God,

And renew a steadfast spirit within me.

***What do we do to overcome the things that shame us that came by our actions?***

We confess it and turn from it as David did, because God does forgive.

*1 John 1:9-10 NKJV*

9 If we confess our sins, He is faithful and just to forgive us our sins and to cleanse us from all unrighteousness. 10 If we say that we have not sinned, we make Him a liar, and His word is not in us.

***You are not special everybody has failed God. And He is the standard not other people.***

*Rom 3:23-24 AMP*

23 Since all have sinned and are falling short of the honor and glory which God bestows and receives.

24[All] are justified and made upright and in right standing with God, freely and gratuitously by His grace (His unmerited favor and mercy), through the redemption which is [provided] in Christ Jesus,

***Even though there are consequences to your sin God can still work your life out.***

*Rom 8:28 NLT*

**28 And we know that God causes everything to work together for the good of those who love God and are called according to his purpose for them.**

*MSG) That's why we can be so sure that every detail in our lives of love for God is worked into something good.*

***Can you still live a good life even if everyone knows your past?***

***What do you beat yourself over the head about?***